MENU PLANNER

	Sunday	Monday	Tuesday	Wednedsay	Thursday	Friday	Saturday
Breakfast							
Lunch							
Dinner							

SHOPPING LIST

Produce	Bakery	Other Grains/Dry Good	ls Frozen
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat
Dairy	Canned Goods	Cleaning/Misc.	Meat