

Turkey and Roasted Red Pepper Sandwiches on Focaccia



Serves 4

½ cup cream cheese, low-fat whipped
2 Tbsp minced, sweet onion
1 Tbsp freshly chopped tarragon
4 small loaves focaccia, sliced in half
¾ pound sliced smoked turkey breast
4 slices roasted bell pepper, from a jar
4 lettuce leaves, green leaf, bibb or romaine, shredded

In a small mixing bowl, combine the cream cheese, onion and tarragon.

Lay the focaccia out and spread the cream cheese mixture on each of the slices. Divide the turkey among the sandwiches and place one slice of the roasted red pepper on each sandwich. Divide the shredded lettuce among the sandwiches and place the focaccia tops on each sandwich.

Cut the sandwiches in half on the diagonal and serve.

Nutritional Analysis

Serving Size: 1 sandwich

Calories	358
Fat	10g
Saturated Fat	3g
Protein	33g
Carbohydrates	31g
Dietary Fiber	1g
Sodium	557mg